

Personal, Social and Health Education (PSHE) and Citizenship Policy

Aims and objectives

The aim of Personal, Social and Health education (PSHE) and Citizenship is to help pupils to grow up to be healthy, independent and responsible adults who contribute in a positive way to society.

Personal, Social and Health education and citizenship aims to enable the children to:

- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues;
- understand what makes for good relationships with others;
- have respect for others;
- be independent and responsible members of the school community;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- develop good relationships with other members of the school and the wider community.

Teaching and learning styles

We use a range of teaching and learning styles. We place an emphasis on active learning by including the children in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising and taking part in special school events such as school fairs and concerts. We offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community.

PSHE and Citizenship curriculum planning

We teach PSHE and citizenship in KS1 and in the Early Years Foundation Stage through the following programmes; PATHS, Protective Behaviours, Jigsaw and No Outsiders.

PATHS lessons take place twice weekly for half an hour each session. Jigsaw is taught once a week.

The protective behaviour programme is taught once a half term.

No Outsiders is taught for 1 lesson each half term.

Some of the time we teach the Food for Life initiative- the health aspect of PSHE through other subjects such as PE, Science and Design and Technology. For example, when cooking food in DT we discuss healthy dishes and the impact this has on the body

As there is a large overlap between the programme of study for religious education and the aims of PSHE and citizenship, we teach a considerable amount of the PSHE and citizenship through our religious education lessons.

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We also develop PSHE and citizenship through activities and whole-school events such as Remembrance Day, Red Nose Day, Children in Need, Sports Relief and Fire Safety.

We use the JIGSAW scheme to teach RSE.

Teaching PSHE and Citizenship to children with special educational needs

At our school we teach PSHE and citizenship to all children, whatever their ability. This is part of the broad and balanced education provided for all pupils. Through our PSHE and Citizenship teaching we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to each child's different needs.

We enable pupils to have access to the full range of activities involved in learning PSHE and Citizenship. Where children have special needs that make it difficult for them to fully participate in some activities, we make every effort to adapt the activities, while not reducing the opportunities offered to other pupils.

Assessment and reporting

Teachers assess the children's work in PSHE and citizenship by making informal judgements as they observe them during lessons, whole school activities and in play situations. This information forms part of the child's general comments on their annual report.

Teachers will complete a summative record at the end of each year to share with next year group.

We encourage our pupils to keep records of their contribution to the life of the school and community in their personal Record of Achievement File.

Resources

We keep book resources for PSHE and Citizenship in a central store in the staffroom cupboard. PATHS folders are allocated to each year group. The year 1 folder is situated in class 3 and the year 2 folder is in class 5. The Protective Behaviour, and No Outsiders lessons are in class 1. The JIGSAW resources are available online for teachers to access. Additional teacher resources are also located in the staffroom.

Monitoring and review

The PSHE and Citizenship subject leader team is responsible for monitoring the standards of children's work and the quality of teaching. The team leader supports colleagues in the teaching of PSHE and citizenship, by giving them information about current developments in the subject, ensuring resources are adequate to teach the programme of study and by providing a strategic lead and direction for the subject in the school. The team leader is responsible for writing an action plan every two years, indicating areas for improvement or development.

Supporting Documents

- RE Policy and units of work
- PATHS
- Behaviour Policy
- Anti-Bullying Policy
- Units of work for National Curriculum subjects, especially Science, DT, Geography, History
- SMSC Policy
- Jigsaw curriculum

Date for review: 2023

Date: May 2022

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