All our fish is natural whole fillet and although great care

has been taken to remove all bones, some may remain



Weekly Menu

Week one

Warwickshire Coventry: 18/09 9/10 Oxfordshire : 18/09, 9/10 Leicestershire: 28/8, 18/09, 9/10

Choose a main meal Best of British Pork Sausages with Gravy and Creamy Mashed Potatoes

(vg) Veggie Korma Curry with Wholegrain or White Rice mild and creamy

Jacket Potato - (v) Cheese Tuna or (v) Baked Beans

Choose a main meal... Homemade Cheesy Pasta with Peas, Bacon, and Freshly Baked Wholegrain Baguette

(vg) Vegan Breakfast Pattie Muffin with Oven Baked Potato Wedges

Jacket Potato - (v) Cheese. Tuna or (v) Baked Beans

Choose a main meal... WEDNESDAY ROAST British Roast Chicken Joint or Fillet. Sage and Onion Stuffing and Gravy

(vg) Quorn Roast in Gravv with Sage and Onion Stuffing Crispy Roast Potatoes

Jacket Potato - (v) Cheese, Tuna or (v) Baked Beans

Choose a main meal... Homemade British Beef Bolognaise with Pasta and Garlic Bread

(v) Homemade Vegetable Burrito Bake with Crispy Diced Potatoes Mild Mexican flavoured veggies and cheese, layered between soft tortillas

Jacket Potato - (v) Cheese, Tuna or (v) Baked Beans

Choose a main meal... FISHY FRIDAY (msc) Harry Ramsden's Crispy Salmon and Sweet Potato Fishcake

(v) HomemadeCheese and Tomato Pizza

Chipped Potatoes

Jacket Potato - (v) Cheese, Tuna or (v) Baked Beans

MONDAY

On the side

Fresh Salad Bar Vegetables of the Day

For dessert

(v) Swirly Chocolate Mousse (vg) Homemade Fruity Flapiack (v) Yoghurt or Fresh Fruit

TUESDAY

On the side

Fresh Salad Bar Vegetables of the Day Baked Beans

For dessert...

(va) Homemade Crispy Cornflake Cookie (v) Yoghurt or Fresh Fruit

WEDNESDAY

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert...

(v) Homemade Chocolate and Orange Brownie

(v) Yoghurt or Fresh Fruit

THURSDAY

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert...

(vg) Homemade Strawberry Slice

(v) Yoghurt or Fresh Fruit

FRIDAY

On the side...

Fresh Salad Bar Peas or Baked Beans

For dessert...

(v) Cheddar Cheese, Crackers and Apple Wedges

(v) Ice Cream

(v) Yoghurt or Fresh Fruit

Week two

Warwickshire Coventry: 4/9 25/9 16/10 Oxfordshire: 4/9, 25/9.16/10 Leicestershire: 4/9, 25/9

Choose a main meal. MEAT FREE MONDAY (va) Quorn Dinners with Rainhow Rice and Sweet Chilli Dipping Sauce or

Ketchup

(v) Homemade Mac 'n' Cheese with Freshly Baked Wholegrain Baguette

Jacket Potato - (v) Cheese, Tuna or (v) Baked Beans

Choose a main meal...

British Chicken Fillet in Wrap, Salad, Mayonnaise or Ketchup and Oven Baked Potato Wedges

(vg) Plant Power 'Meat'balls with Noodles and a Sweet and Sour Sauce

Jacket Potato - (v) Cheese, Tuna or (v) Baked Beans

Choose a main meal... WEDNESDAY ROAST British Roast Gammon Steak with Gravy

(vg) Quorn Roast with Gravy

Crispy Roast Potatoes

Jacket Potato - (v) Cheese, Tuna or (v) Baked Beans

Choose a main meal... British Beef Grill Burger in a High Fibre Bun with Ketchup and Crispy Diced Potatoes

(vg) Veggie Burger in a High Fibre Bun with Ketchup and Crispy Diced Potatoes

Jacket Potato - (v) Cheese. Tuna or (v) Baked Beans

Choose a main meal... FISHY FRIDAY (msc) Gluten Free Breaded Fish Fillet with Chipped Potatoes

(v) Homemade Tomato Pasta Bake with Freshly Baked Wholegrain Baquette

Jacket Potato - (v) Cheese. Tuna or (v) Baked Beans

MONDAY

On the side

Fresh Salad Bar Vegetables of the Day

For dessert

Chocolate Mousse with Fruit in Juice (vg) Homemade Cherry Cookie (v) Yoghurt or Fresh Fruit

TUESDAY

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert...

(vg) Homemade Chocolate Shortbread

(v) Yoghurt or Fresh Fruit

WEDNESDAY

On the side...

Fresh Salad Bar Vegetables of the Day

For dessert...

(vg) Homemade Jam Tart

(v) Ice Cream Tub

(v) Yoghurt or Fresh Fruit

THURSDAY

On the side...

Fresh Salad Bar Vegetable Sticks Vegetables of the Day

For dessert...

(v) Homemade 'School Favourite' Sprinkles Sponge Cake (v) Yoghurt or Fresh Fruit

FRIDAY

On the side...

Fresh Salad Bar Peas or Baked Beans

For dessert...

Jelly with Fruit (v) Ice Cream

(v) Yoghurt or Fresh Fruit

Week three

Warwickshire Coventry: 11/9 2/10 23/10 Oxfordshire: 11/9, 2/10 Leicestershire: 11/9, 2/10

Choose a main meal Gluten Free British Pork Meatballs in a

Rustic Tomato Sauce with Pasta

(vg) Sticky Barbeque Quorn with Oven Baked Potato Wedges

Jacket Potato - (v) Cheese, Tuna or (v) Baked Beans

MONDAY

On the side

Fresh Salad Bar Vegetables of the Day

For dessert

(v) Homemade Chocolate Cracknel

(v) Yoghurt or Fresh Fruit

Choose a main meal... Chicken Korma Curry

with Wholegrain or White Rice - mild and On the side... creamy

(v) Cheese and Tomato Pizza Wedge with Italian Herby Potatoes

Jacket Potato - (v) Cheese, Tuna or (v) Baked Beans

Yorkshire Pudding and Gravy

(v) Veggie Toad in the Hole

Crispy Roast Potatoes

or (v) Baked Beans

with Gravy

TUESDAY

Fresh Salad Bar Vegetables of the Day

For dessert...

(v) Swirly Strawberry Mousse (vg) Homemade Orange Cookie (v) Yoghurt or Fresh Fruit

Choose a main meal... WEDNESDAY ROAST

British Roast Beef, with Traditional On the side... Fresh Salad Bar Vegetables of the Day

For dessert...

(v) Homemade Very Berry Muffin

(v) Yoghurt or Fresh Fruit

Choose a main meal...

Homemade British Chicken Pie with Gravy and Creamy Mash

Jacket Potato - (v) Cheese, Tuna

(vg) Breaded Vegetable Fingers and Crispy Diced Potatoes

Jacket Potato - (v) Cheese. Tuna or (v) Baked Beans

Choose a main meal... FISHY FRIDAY (msc) Breaded Fish Fillet Fingers with Chipped Potatoes

(vg) Veggie Sausage Hot Dog with Ketchup and Chipped Potatoes

Jacket Potato - (v) Cheese, Tuna or (v) Baked Beans

THURSDAY

On the side...

Fresh Salad Bar Vegetables of the Day **Baked Beans**

For dessert...

(vg) Homemade Flapiack with Fresh Fruit Wedges (v) Yoghurt or Fresh Fruit

FRIDAY

On the side...

Fresh Salad Bar Peas or Baked Beans

For dessert...

(v) Dinky Doughnuts/Chocolate Sauce

(v) Ice Cream Tub

(v) Yoghurt or Fresh Fruit

Fruit Cordial or Fruity Water from the Hydration Station, Semi Skimmed Milk & Fresh Bread are also offered daily

(vg) Vegan
(v) Vegetarian Option (h) Homemade (msc) Certified Sustainable Seafood





Please contact your school cook for information regarding the content of dishes and products on our menu.



OUR TINGREDIENTS

IT ALL BEGINS WITH OUR PASSION FOR FANTASTIC FOOD!

When we source our ingredients, we seek out trusted suppliers to provide the freshest, most nutritious and highest quality produce possible.

Our suppliers put sustainability, animal welfare and ethical trading at the heart of their businesses. As a result, we know with confidence, the food we serve is wholesome, safe and fully traceable.



PROMOTIONS

OF EXCITING

LOOK OUT FOR OUR CALENDAR OF EXCITING
THEMED MENUS AND PROMOTIONS INCLUDING:

Easter Lunch - March

Coronation Celebration - May

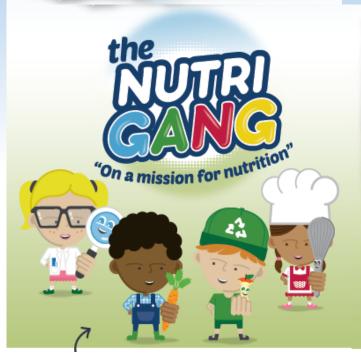
Day at the Beach - Census Day 18th May

Sports Day - end of Summer Term

Please note not all schools participate in all themed events check with your child's school for more details...







TOP 5 facts about our lunch.

Fact 1

We are the school meal specialists serving over 130,000 meals every week.

Fact 2

At least 75% of our menu is freshly prepared everyday by our professional kitchen teams.

Fact 3

All our staff are trained in allergy awareness to provide menu advice and support for customers with food allergies and intolerances.

Fact 4

We work with NHS dietetics teams across the region to support customers with special dietary needs.

Fact 5

Most importantly, we love what we do and we are always on a mission to create fun at lunchtime.

Join our TEAM

Are you passionate about food?

Could you help us serve healthy lunches to local schoolchildren?

Would you like to work school hours, term time only?

Then why not join one of our friendly school based teams? Full training package offered with opportunities for career progression.

Find us on Facebook at Educaterers Join Our Team or via the link on our website.



Find out more about Saffron, Iris, Reece and Doug, our NUTRIGANG at www.educaterers.co.uk



www.educaterers.co.uk Email: contactusDeducaterers.co.uk

Menu may change to meet customer preferences

